



Hudiksvalls  
kommun

[www.hudiksvall.se/anhorigstod](http://www.hudiksvall.se/anhorigstod)  
[anhorigstod@hudiksvall.se](mailto:anhorigstod@hudiksvall.se)



Hudiksvall municipality October 2016

# Relative support IN HUDIKSVALL MUNICIPALITY

## Relative support

Relative support is for people that provide support and care to a close member of the family. Your family member may be long-term sick, have a dependency problem, or a physical, mental or neuropsychiatric disability. You may be the spouse, parent, child, neighbour, colleague or another fellow human being. Relative Support's activities are intended for people over 18 years of age. The activities are free and without the assistance officer's involvement. You can remain anonymous and we are bound by professional secrecy.

## Relative support – our activities

We provide advice, support and information and we organise various relative support groups, networks, lectures, feel-good-days and various activities.

Through a Relative group or circle, your relative/member of the family will be able to meet others in a similar situation.

Relative support can be provided occasionally or regularly. The support is designed individually according to your needs.

## Cooperation

We have partnered with interest and non-governmental organisations, church communities, activities within the municipality and county councils, and our volunteers.

## Family coordinator

Caters primarily to people who are caring for a chronically ill relative with for example, dementia, Parkinson's disease or people who have problems following a stroke.

Phone: 070-311 26 02

E-mail: [anhorigstod@hudiksvall.se](mailto:anhorigstod@hudiksvall.se)

Provides assistance primarily to people who have a close relative with a physical, mental or neuropsychiatric disability or dependency problems.

Phone: 070-190 64 18

E-mail: [anhorigstod@hudiksvall.se](mailto:anhorigstod@hudiksvall.se)

## Relative support Hudiksvall

Patricia Lastagegatan 9, Hudiksvall

Phone: 0650-191 11

## Relative support, Dellenbygden

Edshammar (odd weeks) Fridays 13-15

Frejagården (even weeks) Fridays 13-15

Phone: 070-311 26 02, 070-190 64 18